
Preventive Mental Health in the ESL Classroom

Primary Prevention and the Promotion of Mental Health in the ESL Classroom is a handbook designed to enable teachers to help adult refugees cope with social pressures and adjustment problems in the U.S.A. Produced by a group of ESL and mental health professionals and published by the American Council for Nationalities Service, it provides a theoretical background for the promotion of mental health and the effects of migration on refugees. Other areas addressed are student needs assessment, the role of the teacher, and community resources, all of which can assist teachers in adapting existing curricula. Sample lesson plans and materials are also included. Copies may be purchased for \$6.50 each (pre-paid only) from ACNS, 95 Madison Avenue, New York, NY 10016.